

-2024-



Cheeseburger French Fries **Baked Beans Assorted Fruit** Low Fat / Fat Free Milk Alternate: Grilled cheese

Bulldog Bowl

(Mashed potato, popcorn

chicken, corn)

WG Dinner roll

Assorted Fruit

Low Fat/ Fat Free Milk

Alternate: Pulled pork

sandwich

Mini Corn Dogs

WG Soft Pretzel stick

with cheese sauce

Baked Beans

Assorted Fruit

Low Fat / Fat Free Milk

THURSDAY

2 Chicken Alfredo WG Dinner Roll Steamed Broccoli Assorted Fruit Low Fat/ Fat Free Milk Alternate: Grilled cheese

Spaghetti and Meatballs

WG Bread Stick

Side Salad

Assorted Fruit

Low Fat / Fat Free Milk

Alternate: Pulled pork

sandwich

BBQ Rib sandwich on

WG bun

Pierogies

Mixed Vegetables

Assorted Fruit

Low Fat/ Fat Free Milk

Alternate: Cheeseburger

FRIDAY

Pulled Pork Nacho (Cneese, salsa, sour cream) Steamed corn *Pineapple OR Mango salsa* **Assorted Fruit** Low Fat / Fat Free Milk Alternate: Grilled cheese

Northern Lehigh School District

LUNCH MENU:

Lunch is FREE for the 2023-2024 School Year!!

WG= Whole Grain

* Additional alternate meals offered daily upon request:

Yogurt, cereal, salad, PB&J or Sun butter and Jelly

* High School Daily Alternate Meal: PIZZA



MONDAY

Chicken Tenders WG Soft Pretzel Peas Assorted Fruit Low Fat / Fat Free Milk Alternate: Pulled pork sandwich

Teacher Inservice

Chicken, Bacon, Ranch

on WG Wrap

Steamed Carrots

Assorted Fruit

Low Fat/ Fat Free Milk

Alternate: Hot Dog

Soft Shell Tacos (lettuce, salsa, sour cream) **Refried Beans Assorted Fruit** Low Fat / Fat Free Milk Alternate: Pulled pork sandwich

TUESDAY

14 Spicy Chicken Patty on WG Bun French Fries Carrot Sticks with Ranch Assorted Fruit Low Fat/ Fat Free Milk Alternate: Cheeseburger

Nacho Grande (Cheese, salsa, sour cream) Corn and black bean salsa Assorted Fruit Low Fat/ Fat Free Milk Alternate: Hot Dog

Alternate: Cheeseburger 22 **Bulldog Bowl** (Mashed potato, popcorn chicken, corn) WG Dinner roll **Assorted Fruit**

Low Fat/ Fat Free Milk Alternate: Hot Dog

Twisted Mozzarella Sticks with marinara Side Pasta Side Salad **Assorted Fruit** Low Fat/ Fat Free Milk 10 Chicken Cheese Steak on WG Hoagie **Sweet Potato Fries Assorted Fruit** Low Fat/ Fat Free Milk Alternate: Pulled pork sandwich

Chicken Parm with spaghetti WG Bread stick **Green Beans** Assorted Fruit Low Fat / Fat Free Milk Alternate: Cheeseburger

24 Sloppy Joe macaroni and Cheese Mixed Vegetable **Assorted Fruit** Low Fat / Fat Free Milk Alternate: Hot Dog Alternate: Hot Dog

31

27

School Closed

Turkey and Cheese on **WG** Hoagie Carrot Sticks with Ranch Assorted Fruit Low Fat/ Fat Free Milk Alternate: Grilled Cheese

Orange Chicken Rice Steamed Broccoli **Assorted Fruit** Low Fat / Fat Free Milk Alternate: Grilled Cheese 30 Lasagna Roll Ups WG Dinner Roll Green Beans **Assorted Fruit** Low Fat/ Fat Free Milk Alternate: Grilled Cheese

Pizza Side Salad Steamed peas Assorted Fruit Low Fat/ Fat Free Milk Alternate: Grilled Cheese

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.